

Tenerife Sur: Short Walks Under 10 km

La Caleta to El Puertito Circular (Adeje)

Route Summary

An energetic coastal walk with more ups and downs than you might think, from fashionable La Caleta to out-of-the-way El Puertito, taking in a couple of iconic golden-sand beaches.

Duration: 3 hours



Route Overview

Duration: About 3 hours.

Transport/Parking: Titsa 467 from Los Cristianos. Parking at La Enramada beach.

Length: 7.680 km / 4.80 mi

Height gain: 270 meter

Height loss: 270 meter

Max Height: 58 meter

Min Height: Sea-level

Surface: Rough in places

Child Friendly: Yes

Difficulty: Medium

Dog Friendly: Yes

Refreshments: Pepe Y Lola in Puertito + lots of options in La Caleta.



Description

One of the most charming, and now fashionably up-market, areas of Costa Adeje is the old fishing village of La Caleta (not to be confused with the "La Caleta" on the east coast of Tenerife, and "La Caleta de Interian" on the north coast). It makes for a great launching pad for this superb coastal walk to the less well-known (except to savvy Canarians!) little hamlet of El Puertito (de Armeñime) set in its pretty bay. You will need stout footwear (and willing legs) as the walk leads you in and out of two rocky coves on the way to El Puertito, and back. Here, are the attractive golden-sand beaches at Los Morteros (Hippy Beach) and Diego Hernandez (Spaghetti Beach - named after an Italian naturist who cooked spaghetti on the beach, "au naturel"). Take some loose change in your pocket if you want to contribute to the "New Age" lifestyle of the people who live in self-constructed shelters here.



The secluded beaches are popular with naturists. There are a number of different paths you can take on this walk, just don't stray too far from the coast (except at Waypoint 5 where we deviate inland for a short way to make our entrance to El Puertito from the landward side).

Waypoints

(1) Start at La Enramada Playa car-park

(28.09893; -16.75160)

Although you can park closer to the old centre of La Caleta, parking at La Enramada beach gives you a pleasant walk-in, but beware low-flying hang-gliders who use the beach as a landing ground! Head right, along the coastal road, passing the Hovima Jardin Caleta on your right before taking the first left.



(2) Turn left towards Paseo Maritimo

(28.09946; -16.75461)

After about 300 m, turn left onto Calle El Cabezo as it sweeps round to the Paseo Maritimo. Very quickly you are strolling by the row of cafe/restaurants on your right before you turn down to your left past the fish restaurants until you reach the open area in front of the La Caleta Restaurante. You might want to take a little while to absorb the view of the bay and the relaxed ambience. (312 m)



(3) Left up this path

(28.10094; -16.75630)

After 467 m you arrive at La Caleta Restaurante as described at Waypoint 2. Here, you head slightly uphill, veering to your left. Follow the pavement for a short while along the sea-front as it takes you to the little cove where boats can be launched and you see another cafe/restaurant tucked in to your right. (779 m)



(4) Up these steps to path

(28.10166; -16.75745)

At the stony Varadero beach at the western end of La Caleta, head towards the steps with railings on your right that will take you to the start of the cliff-top path. Once you are on that path, rising above the cliffs, there is no absolutely set route for the 2 km hike to Waypoint 5 where you make an important turn at a banana plantation wall. Passing "Hippy Beach" and "Spaghetti Beach" on the way, you may want to descend to the waterfront, or take a higher path around the sands, and, of course, vary that on your return trip. (950 m)



(5) Path on right at Banana Plantation wall

(28.11128; -16.76433)

After about 2 km from La Caleta, walking into and out of the beach coves, you will arrive at these abandoned banana plantation walls where you could go left for a shorter route into El Puertito. We go right, however, to rise above the village for a scenic descent from the landward side. (3 km)



(6) Right and uphill here

(28.11295; -16.76428)

After another 300 m, at this entrance to the old plantation, we take the road uphill to our right. (3.3 km)



(7) Left onto narrow path here

(28.11544; -16.76423)

After another 300 m, just after a T-junction where we briefly turn right, don't miss the narrow path heading into the scrub on your left. (3.6 km)



(8) Follow path onto ridge

(28.11597; -16.76534)

Following the narrow path around the hillside we see views opening up to El Puertito below us. After about 300 m follow the path down towards the pylon in the photo as it becomes a rocky ridge. Don't go too close to the overhanging ledges on the right-hand side as you find the best path (eventually, to your left!) into the village beside the small church. (3.9 km)



(9) View of Puertito here

(28.11393; -16.76885)

After 400 m you will have arrived at the beach where you may want to take a rest (or have a swim!). The cafe/restaurant Pepe Y Lola is a recommended re-fuelling stop for a cool drink and excellent freshly cooked snacks/meals. When you are ready take the path behind the houses on the east side of the bay, emerging onto the clifftop again. (4.3 km)



(10) Left here before house on point

(28.11194; -16.76865)

After a further 400 m, take the left path up the slope before the house on the point. After the house, it is worth diverting to your right a little to take in the views of the rocky cove there and up to the hills in the direction of Roque del Conde (table-top mountain). From now, until the viewpoint at the Ermita chapel in La Caleta, follow whichever coastal path suits you on the return journey. (4.7 km)



(11) Ermita in La Caleta

(28.10129; -16.75650)

After another 2.3 km, making your homeward journey, take the little road, Calle El Muelle in La Caleta, uphill from the back of the Varadero beach (see Waypoint 3), and veer to your right at the top of the hill to the little Ermita and viewpoint. From there, walk along Calle Las Terrazas where you will turn right at the end, making whatever way suits you back to the La Enramada beach car-park where you started. (7 km)



(12) End of walk back at car-park

(28.09907; -16.75149)

After another 700 m, you will arrive back at La Enramada beach, where low-flying hang-gliders are very much the norm! (7.7 km)



