

Tenerife Sur: Short Walks Under 10 km

La Caleta-Enramada-Camino de la Virgen (Adeje)

Route Summary

An easy walk along part of an historic path connecting La Caleta to Adeje. We also take in La Enramada beach, part of the Costa Adeje promenade and pretty, up-market La Caleta.

Duration: 2 to 3 hours.



Route Overview

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Transport/Parking: Titsa 467 to La Caleta from Los Cristianos/ Las Americas. Car-park at start of walk on the Avenida de Ayyo.

Length: 7.570 km / 4.73 mi

Height gain: 173 meter

Height loss: 173meter

Max Height: 118 meter

Min Height: 1 meter

Surface: Average

Child Friendly: Yes

Difficulty: Easy

Dog Friendly: Yes

Refreshments: Lots of options in La Caleta.



Description

An interesting and undemanding walk with strong historical associations. Each year, fulfilling a promise their ancestors made almost 500 years ago, residents of Adeje walk a statue of the Virgin Mary along the old path from the top of Adeje to the centuries-old hermitage of San Sebastián in La Caleta. This was the first home of the statue, and the tradition of returning her to her origins began in the late 16th century when her statue was moved uphill from the coastal hermitage to the fortified settlement at Adeje, to protect it from pirates. There are 2 shrines and a renovated threshing circle (era) along the way. Our version of the walk starts and ends in La Caleta, ascending gently to the place where the old path has been removed by the Autopista. The walk provides an interesting contrast between



high-end touristic developments, the wild volcanic natural landscape, and man's sometimes less than pretty additions to that landscape. On the return leg we make a pleasant diversion to the coastal promenade and rocky viewpoint, before strolling back across La Enramada beach, then exploring La Caleta.

Waypoints

(1) Start at carpark

(28.10187; -16.75531)

Start the walk from the car-park off the Avenida de Ayyo in La Caleta, by the bus-stop. Head for the small roundabout and take Avenida de las Gaviotas in an easterly direction, veering right as it eventually passes the Hovima Jardin Caleta on your left.



(2) Turn right and down to La Enramada beach

(28.09894; -16.75300)

After about 465 m, just beyond the Hovima Jardin Caleta hotel, descend to the Enramada beach, watching your head for low-flying hang-gliders! Proceed along the beach, walking behind the beach bar. (465 m)



(3) Turn left at end of beach

(28.09755; -16.75124)

After taking the boardwalk to the end of the beach for about 250 m, head straight ahead on the stony path as it passes a white wooden building and turn left up Calle La Enramada which turns sharp right after a couple of hundred metres, passing the H10 Costa Adeje Palace on your right. Cross the road here and head for the commercial centre and restaurant ahead of you and slightly to your right. (711 m)



(4) Walk through commercial centre

(28.09744; -16.74896)

About 400 m from the beach, walk up the steps here into the commercial centre, passing restaurants on your right before ascending internal stairs after the supermarket entrance. As you emerge from the stairwell you will begin to see the old fishing boat ahead of you and the plaza with new and old churches of San Sebastian. (1.1 km)



(5) Pass Ermita San Sebastian

(28.09700; -16.74756)

In another 100 m you will have arrived at the church square where you will probably want to take in the scene for a few minutes. When you are ready to go on, head for the walks information board at the main road which you will cross. (1.2 km)



(6) Cross road here for Camino

(28.09703; -16.74682)

Just after the old church, cross the road and head for the green/white marked post, where the old camino starts. Head inland, past the metal gate. (1.3 km)



(7) Pass shrine of El Humilladero

(28.09785; -16.74548)

In about 100 m you arrive at the El Humilladero shrine. When you are ready, carry on straight ahead. (1.4 km)



(8) Veer left and uphill here

(28.09866; -16.74473)

Very soon, in 100 m, make sure that you veer left and uphill here where rocks on either side of the path are marked in green/white paint. (1.6 km)



(9) Veer right past large rock

(28.09964; -16.74450)

Arriving in a quarry-like area after another 100m, veer right at the large rock with a green/white painted indicator. (1.7 km)



(10) Veer right and downhill here

(28.10331; -16.74078)

After proceeding for about 500 m, veer right and downhill here on the main path, avoiding the path that veers slightly left and which then continues straight ahead onto a large flat area. (2.2 km)



(11) Pass shrine on your left

(28.10767; -16.73558)

In another 1 km, on a wide, paved uphill section you pass another shrine on your left. Proceed on towards the arched portal just ahead of you. (3.2 km)



(12) Turn back at main road

(28.10817; -16.73512)

Go through the arched portal to check out the walk information board before turning and re-tracing your steps, past the shrine, now on your right. (3.2 km)



(13) Viewpoint above la era

(28.10619; -16.73683)

About 400 m from your turning point you might want to stop and take in the view from here, above the renovated "era" (stone threshing circle). From here, re-trace your steps back to the road beside the church square where you should turn left very briefly before heading down to the coast past hotels on the Calle de la Enramada, carrying on down the pedestrianised Paseo Barranco del Agua until it reaches the sea-front where you turn right to follow the promenade uphill towards the rocky viewpoint ahead of you. (3.6 km)



(14) Approaching the mirador

(28.09516; -16.75014)

After 2.1 km, and having turned right upon reaching the coastal promenade we now head towards the rocky knoll and viewpoint that splits the beaches of Veril and Enramada. (5.7 km)



(15) Views from mirador

(28.09558; -16.75060)

Rounding the rocky outcrop, take the steps to the top and enjoy the views in all directions. When you are ready to move on, descend the steps, turn left and make your way back to La Enramada beach. After the Hovima Jardin Caleta hotel, turn left and stroll along past the restaurants/cafes before exploring La Caleta. (5.9 km)



(16) Ermita in La Caleta close to end of walk

(28.10128; -16.75654)

After about 1.5 km from the viewpoint, taking the narrow street up from the little beach at El Varadero you will find this Ermita and viewpoint. From here, walk down Calle las Terrezas which will take you back to the car-park you started from. (7.4 km)



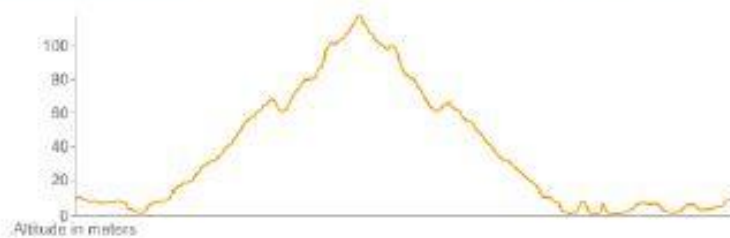
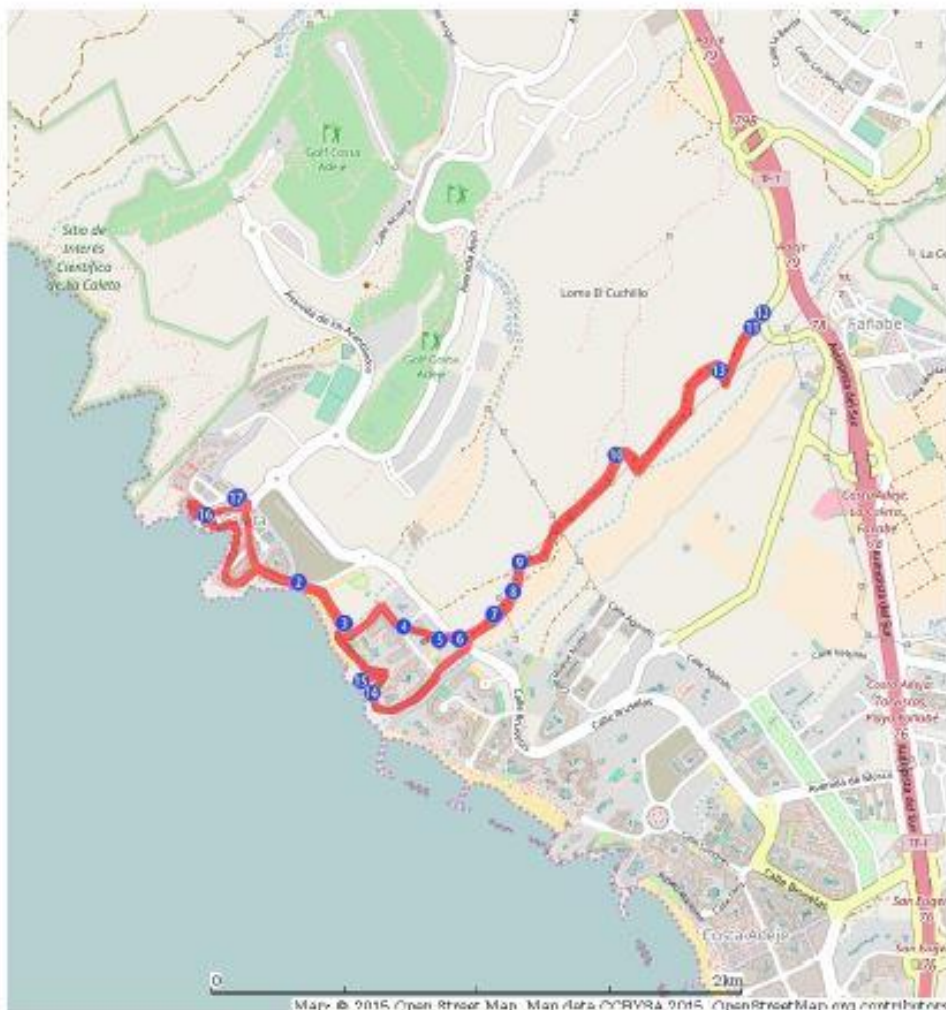
(17) End of walk at car-park

(28.10182; -16.75541)

You have returned to your starting point in the car-park. (7.6 km)



Route Map



Links:

[Photos from walk](#)

[Download GPX file](#) (GPS Exchange Format)

[Download Route Guide PDF](#) (with illustrated Waypoints)

[Access Walk on Viewranger](#)

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