

## Tenerife Sur: Short Walks Under 10 km

### Las Lajas-Cañada del Sombrero Circular (Adeje/Vilaflor)

#### Route Summary

A very scenic walk in the pine forest beneath the rim of the Teide Caldera. Roque del Almendro and El Sombrero de Chasna tower above you for significant sections of the route. If you are feeling energetic, there is an optional diversion to the peak of El Sombrero de Chasna.

Duration: 3 hours



#### Route Overview

**Duration:** 3 hours.

**Transport/Parking:** Titsa 342 from Los Cristianos. One daily service, outward in morning, return in afternoon. Check current schedule for times. Las Lajas is approximately 10 km uphill from Vilaflor on the TF-21 to Teide.

Ample parking area at the Las Lajas Area Recreativa.

**Length:** 5.930 km / 3.71 mi

**Height Gain:** 344 meter

**Height Loss:** 344 meter

**Max Height:** 2282 meter

**Min Height:** 2036 meter

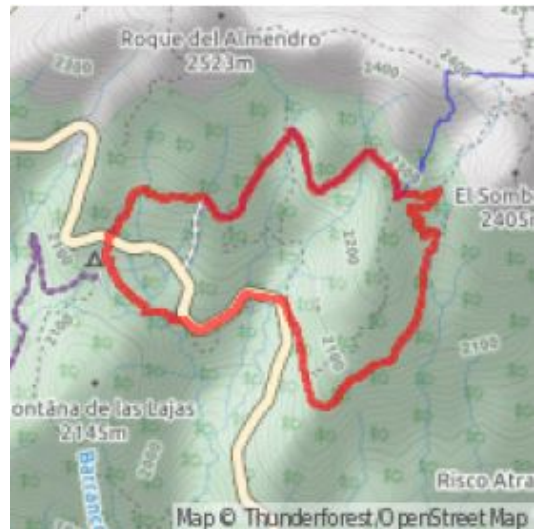
**Surface:** Rough. In the first 600 m, or so, the path can be poorly defined, but is marked by cairns.

**Child Friendly:** Yes, but only if children are used to hikes of this distance and overall ascent on rough paths.

**Difficulty:** Moderate.

**Dog Friendly:** Yes, but the walk skirts the National Park area where dogs are not allowed.

**Refreshments:** Options in Vilaflor.



#### Description

Starting and finishing at the popular Las Lajas picnic and recreation area, this is very much a pine forest walk, and at over 2,000 metres above sea level it is at the highest level of the Corona Forestal that surrounds the island. Walking under the base of mountains at the rim of the Teide Caldera there are marvellous views of Montaña Las Lajas, La Sombrera, Roque del Almendro and El Sombrero de Chasna. There are also great views down to the faraway southern coast but, unfortunately, on the day we walked the route a Calima obscured that particular perspective. The area seems particularly dry, sheltered by the Caldera rim. Unsurprisingly, therefore, much of the forest shows signs of regeneration from previous forest fires. The start point in the Area Recreativa Las Lajas, about 10 km uphill from Vilaflor, is in the Adeje municipality, but most of the walk is in the Vilaflor council area and skirts the National Park boundary. At Waypoint 10 on the walk there is an optional diversion to the viewpoint at the peak of El Sombrero de Chasna. There and back adds about 2.25 km in distance and 170 metres overall ascent to the walk.



## Waypoints

### (1) Start at Las Lajas recreation area

(28.19062; -16.66539)

Start the walk in the car parking area at Las Lajas. From the information board about birds that can be seen in the vicinity walk back up to the entrance on the main TF-21 road.



### (2) Follow rough road uphill

(28.19149; -16.66545)

In 140 m, at the main road, cross with care towards the steel gate and start walking uphill on the forest road. (140 m)



### (3) Carry straight on through trees

(28.19298; -16.66441)

In about 190 m, at a clearing in the trees, keep going uphill following the line of stone cairns. The path for the route is indistinct or non-existent for a short while. (330 m)



### (4) Veer right to follow path

(28.19360; -16.66407)

In 85 m, or so, the path becomes clearer as it veers to the right towards a very shallow depression (barranquillo). (415 m)





### (5) Over rocks and veer up and right

(28.19371; -16.66364)

In less than 50 m, the path crosses over rocks in the shallow depression. From here, veer to your right and gently uphill. Again, the path becomes indistinct as you continue up the hillside in an easterly direction. An occasional cairn helps to keep you on track. (459 m)



### (6) Turn right onto path at twin cairns

(28.19326; -16.66273)

In just over 100 m you will arrive at a clearer path with two fairly large cairns. Don't go through the gap between the cairns uphill, but instead turn right to follow the path as it starts to twist leftwards into a depression. Keep following this path. (565 m)



### (7) Veer left and uphill at y-junction

(28.19337; -16.66075)

In just over 200 m, the path descends a little to meet an ascending rough road forming a y-junction. Don't go right and downhill. Instead, veer left and uphill here. (776 m)



### (8) Veer left and up path by pine tree

(28.19274; -16.65901)

After almost 300 m, you will leave the rough road and take a path that veers left and up by a pine tree. This path will take you into, then out of, an upper section of the Barranco del Rey. (1.0 km)



### (9) Go left and uphill at sign marked Ucanca

(28.19329; -16.65129)

In another 1.4 km you will rise out of Barranco del Rey to arrive at a marvellous viewpoint with a green and white painted metal walks signpost. Go left and uphill at the sign on the route marked for Ucanca. Very soon, in less than 50 m, take an unmarked turn to your right, away from the Ucanca path. (2.4 km)



### (10) Sharp right and downhill

(28.19364; -16.64925)

In 300 m, or so, you will have gently descended to a junction\* on the path under the cliffs of the Sombrero de Chasna. This is the "Cañada (glen) del Sombrero". Your route goes sharp right and downhill from here. (2.7 km)

*\* Note: By going left and uphill instead of right and downhill, there is an optional diversion here to the top of Sombrero de Chasna. There and back adds about 2.25 km distance and 170 m overall ascent to the walk.*



### (11) Sharp right and downhill again

(28.19185; -16.64959)

Continuing downhill for about 400 m, you again go sharp right and downhill. (3.1 km)



### (12) Follow main road uphill at info board

(28.18885; -16.65695)

After a further descent of 1.7 km you will have arrived at a ruined building and walks information board at the TF-21 roadside. From here, follow the main road uphill for a short section on the available verge before crossing the road to take advantage of the verge on the other side. Take care as the TF-21 Teide access road is quite busy! (4.8 km)



### (13) Veer left onto path at parapets

(28.18801; -16.66176)

In 600 m, or so, at a section of the road with parapets on the left side, just before a right-hand bend, veer left onto the fairly obvious path heading for the trees. (5.4 km)



### (14) Finish walk back at Las Lajas

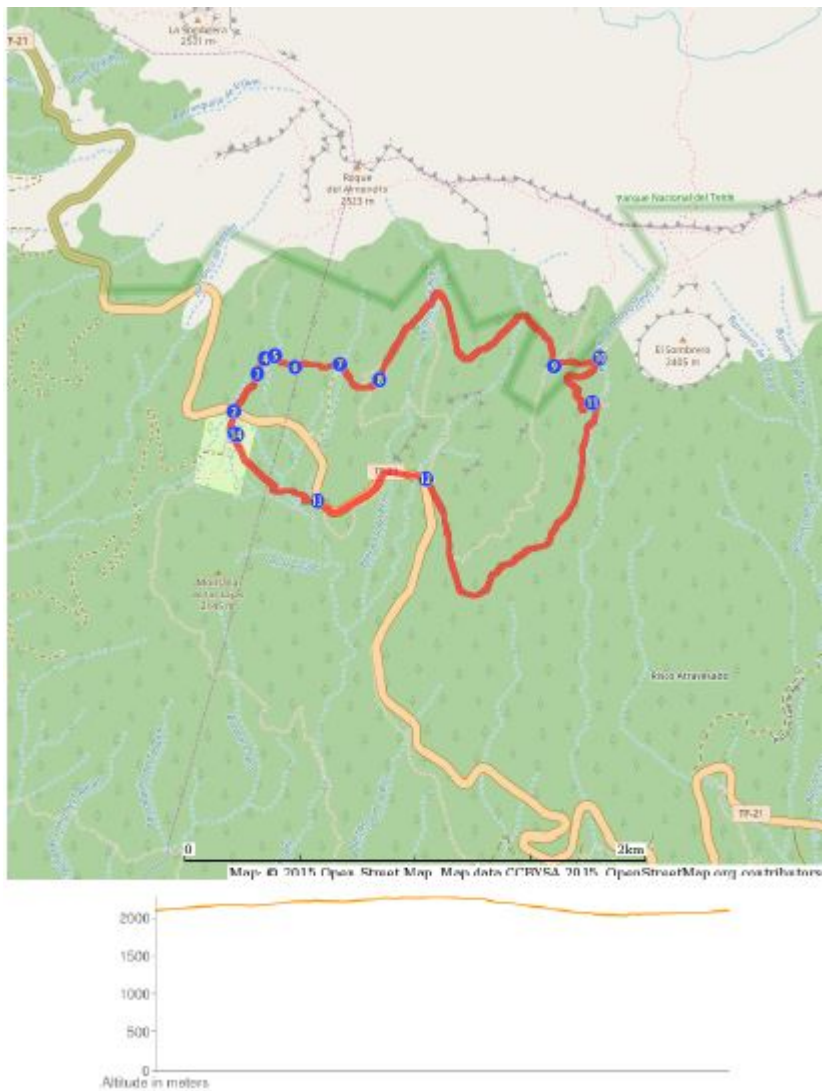
(28.19062; -16.66530)

In another 500 m, the path through the trees has taken you back to your starting point at the Area Recreativa Las Lajas. (5.9 km)





## Route Map



### Links:

[Photos from walk](#)

[Download Route Guide](#) (PDF with illustrated Waypoints)

[Download GPX file](#) (GPS Exchange Format)

[Access Walk on Viewranger](#)

[Access Walk on Wikiloc](#)