

Tenerife Sur: Short Walks Under 10 km

Arico Viejo-Lomo De Tamadaya Circular (Arico)

Route Summary

A walk into wonderfully wild countryside, quite steep in places. Tremendous views, particularly if the skies are clear.

Duration: 3.5 hours.



Route Overview

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Transport/Parking: Titsa 416 to Granadilla, then 36. Easy parking at start.

Length: 7.560 km / 4.73 mi

Height Gain: 400 meter

Height Loss: 400 meter

Max Height: 658 meter

Min Height: 371 meter

Surface: Rough, in places.

Child Friendly: Yes, if used to hiking.

Difficulty: Moderate.

Dog Friendly: Yes.

Refreshments: Cafes in Arico Viejo, tasca in Arico Nuevo.



Description

This version of the walk starts in Arico Viejo but can be readily altered to start in nearby Arico Nuevo, which is always worth a visit, in any case, for its architectural charms. After a steady ascent through the villages of La Degollada and La Sabinita, and past numerous agricultural terraces and plots you emerge into wonderfully wild countryside around the Barranco of Tamadaya. On a clear day, there are great views on all sides, up to the mountains and down to the coast near Poris de Abona. There are a couple of steep ascents and descents, but on good paths. All in all, a thoroughly enjoyable, well-recommended walk!



Waypoints

(1) Start at church in Arico Viejo

(28.18228; -16.47806)

Setting off from the church, walk up Calle de la Cruz and through the crossroads onto Calle La Degollada.



(2) Turn left off Calle La Degollada here

(28.18210; -16.48249)

After 440 m from the church, at the first turning on the left, go left as the road goes downhill and then up past a formal garden and playground area on your left. (440 m)



(3) Right and uphill at signs

(28.18054; -16.48355)

In just over 200 m, turn right and uphill at the walk signposts on Calle El Molino. Continue walking up through the village of La Degollada. (648 m)



(4) Take uphill cobbled lane

(28.18262; -16.48767)

In another 450m, or so, leaving La Degollada, take the cobbled lane on the left going uphill at the walk signposts. (1.1 km)



(5) Turn right and up here

(28.18263; -16.48878)

As the path narrow, in just another 200 m, turn right and uphill by the marked post. (1.3 km)



(6) Onto and up tarred road briefly

(28.18238; -16.49184)

In 300 m, the path disappears and you turn right and uphill upon reaching the tarred road. Very soon, the option to re-join the path is available as it follows alongside the tarred road uphill for a short section. When the path again ends, re-join the tarred road as it begins to enter the village of La Sabinita. (1.6 km)



(7) Turn left for La Sabinita plaza

(28.18174; -16.49373)

In 200 m, walking up the road, or along side it, turn left at the signposted junction, heading towards the plaza in La Sabinita where there is a walks information board. (1.8 km)



(8) Veer right uphill after plaza

(28.18040; -16.49492)

In 200 m, passing the plaza, veer uphill and right. (2.0 km)



(9) Right and uphill at old church

(28.18072; -16.49702)

In a further 300 m, go right and uphill by the old church and refuse bins. (2.3 km)



(10) Continue uphill here

(28.18294; -16.49845)

In 200 m, walking up the steep hill, continue on uphill at the walks signpost at the edge of the village. (2.5 km)



(11) Right and down rough track

(28.18505; -16.50234)

Walking past agricultural plots now, after 500 m, turn right at the walks signpost and down the rough road. (3.0 km)



(12) Don't miss taking path on right here

(28.18647; -16.50259)

In 200 m, just after the road turns left down towards plots, don't miss the path going downhill on your right, marked with a walks post. Leaving the road, go down that path. (3.2 km)



(13) Take path down here

(28.18711; -16.50203)

In 100 m, at the top of a rise, ensure you take the path as it veers right and down, traversing the hillside down towards the base of the barranco. (3.3 km)



(14) Down to rough road and go left

(28.19083; -16.50236)

In 500 m, as the path eventually starts to twist and turn on the steep final descent to the bed of the barranco, turn left onto the rough road at the walk signpost. (3.8 km)



(15) Go round hairpin bend and uphill

(28.19213; -16.50381)

In just 200 m, do not go straight ahead. Instead, follow the hairpin bend round at the walks signpost. (4.0 km)



(16) Up steep path here

(28.19206; -16.50333)

Very soon, in less than 50 m, take the narrow path on your left and be prepared for a steep ascent! (4.05 km)



(17) Right and down here

(28.19247; -16.50157)

Having ascended 350 m, onto the Lomo de Tamadaya, you turn right at the walks signpost past the old threshing circle (era) and proceed downhill on the path towards, and past, the abandoned farmhouse at Casas de Tamadaya de Arriba. (4.4 km)



(18) Left along floor of barranco

(28.18547; -16.49053)

In 1.6 km, you will have descended to the floor of the barranco. Turn left here past the white/yellow marker on the rock for a short distance. (6.0 km)



(19) Up other side of barranco

(28.18546; -16.49025)

In just 30 m, leave the floor of the barranco and start ascending on the path on the right-hand side. Follow the path as it eventually takes you back into the village of La Degollada that you passed earlier. (6.03 km)



(20) Left after lavaderos at Fuente del Chorro

(28.18154; -16.48445)

In 870 m, or so, from the floor of the barranco, passing the public washing place (lavadero) at the Fuente del Chorro on the left-hand side of Calle La Degollada, follow the road left (do not go down Calle El Molino, straight ahead, that you came up, in the first section of the walk). Carry on walking down Calle La Degollada, into Arico Viejo. (6.9 km)



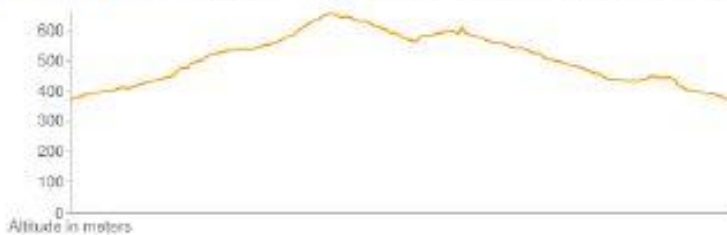
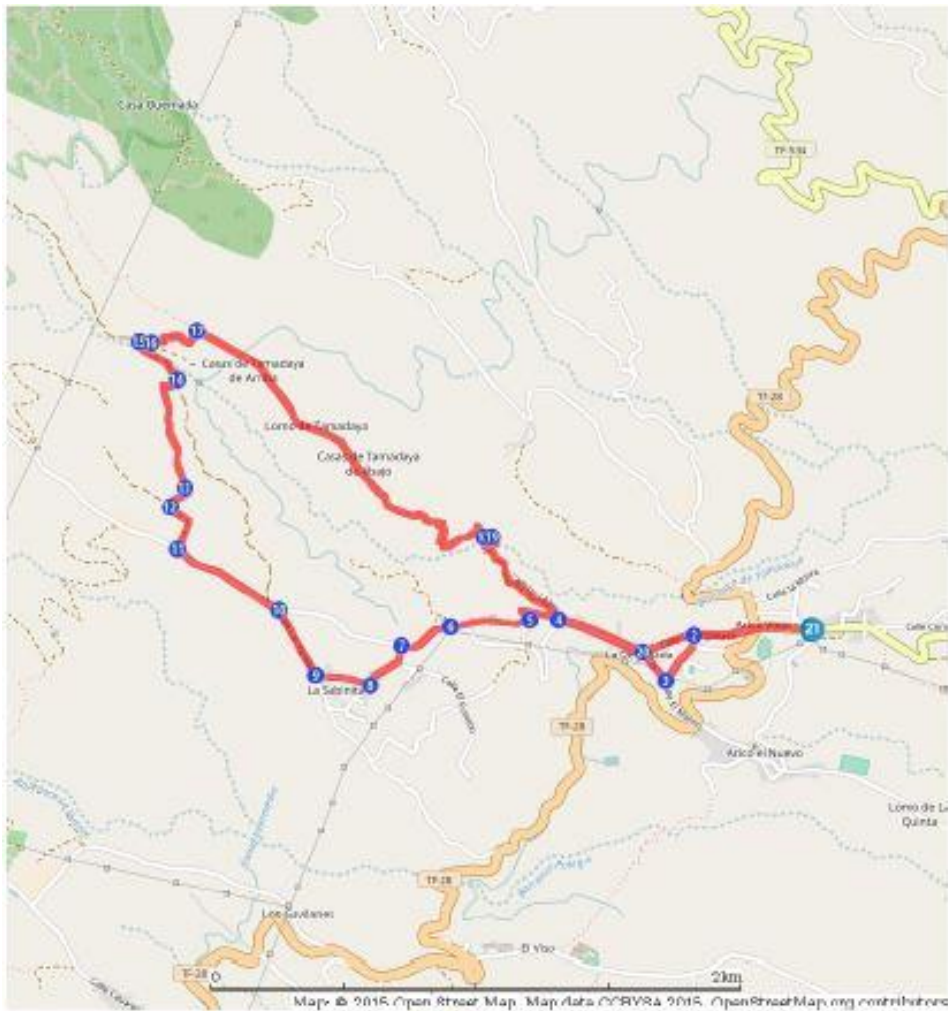
(21) End of walk back at church in Arico Viejo

(28.18230; -16.47797)

In 700 m you arrive back at your start point by the church in Arico Viejo. (7.6 km)



Route Map



Links:

[Photos from walk](#)

[Download Route Guide](#) (PDF with illustrated Waypoints)

[Download GPX file](#) (GPS Exchange Format)

[Access Walk on Viewranger](#)

[Access Walk on Wikiloc](#)