

Tenerife Sur: Short Walks Under 10 km

Poris to Punta de Abona and Lighthouse (Arico)

Route Summary

A short coastal walk from Poris to the lighthouse at Punta de Abona.

Duration: 2 to 2.5 hours.



Route Overview

Duration: About 2 to 2.5 hours.

Transport/Parking: Titsa 111 from Los Cristianos. Easy parking in Poris.

Length: 6.100 km / 3.81 mi

Height gain: 92 meter

Height loss: 92 meter

Max Height: 22 meter

Min Height: Sea level

Surface: Rough (in places)

Child Friendly: Yes

Difficulty: Easy

Dog Friendly: Yes

Refreshments: Cafe Al Mar at the beach in Poris.



Description

Stretch your legs on this short hike from the pretty bay at Poris to Punta de Abona and its lighthouse. Pass across the golden sands of Playa Grande where a dip in the sea may be appealing. If conditions are right, great views over to Gran Canaria and, looking inland, to the mountains rising up to the peak of Teide. Observe how different the old and new lighthouse (faro) buildings are. From the lighthouse area, look over to the abandoned, unfinished leper colony in the middle distance at Abades. Visit the quiet church square in the little village of Punta de Abona. Enjoy a post-walk drink and a snack at the tiny beach-side Al Mar bar in Poris.



Waypoints

(1) Start at main plaza

(28.16436; -16.43341)

Start the walk at the main plaza in Poris de Abona (note there is a farmer's market on Sundays). Facing the sea, turn left and follow Calle Real for a short distance around a right-hand bend and take the turn-off on your right onto Calle Martin Rodriguez.



(2) Pass fine old house

(28.16483; -16.43165)

At around 180 m, after turning into Calle Martin Rodriguez you will pass this fine old house on your left, now used as a youth centre. (183 m)



(3) Promenade viewpoint

(28.16493; -16.43030)

After another 135 m you will emerge at a promenade area that affords a great outlook over the bay. After taking in the view, turn to your right and walk around the bay, crossing the beach area and carrying on through the promenade area that follows. (318 m)



(4) Uphill past this house

(28.16230; -16.43251)

After another 418 m, the promenade area finishes and you veer to your right and proceed uphill on Calle Le Amelia past this house on your right. As you come over the brow of the short hill you will leave the road to take a rough path that shortcuts the curve of the road before re-joining the road at some houses on a raised area. Again, leave the road after the houses and follow the obvious coastal path in the direction of Punta de Abona that you can see ahead of you on a rocky promontory. (746 m)



(5) On the coastal track

(28.15710; -16.43454)

After another 650 m, or so, you will see that the path ahead of you becomes narrower and rises up onto a low cliff area. (1.4 km)



(6) Approaching Playa Grande beach

(28.15328; -16.43302)

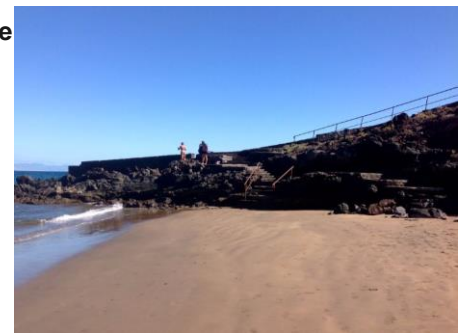
Soon, after 500 m, you will have good view down to the golden sands of the Playa Grande beach and up to the village of Punta de Abona at clifftop level. (1.9 km)



(7) Cross the beach to here

(28.15279; -16.43110)

After descending to the golden sand of the Playa Grande beach, make your way to the steps at the far end. (2.1 km)



(8) Join rocky path here

(28.15292; -16.43060)

After just another 100 m, taking the steps and paved walkway, turn left through a gap in the low wall, and take the rough path around the rocky point. Continue to take the stony path, hugging close to the clifftop at all times. (2.2 km)



(9) Nearly at the lighthouse

(28.14946; -16.42675)

After 900 m walking around the point of Punta de Abono, taking in the views of Gran Canaria, if available, you will now be approaching the lighthouse. (3.1 km)



(10) Looking back at lighthouse from trig point

(28.14882; -16.42807)

After checking out the lighthouse buildings, new and old, you may want to choose your own route over the open ground to the hamlet of Punta de Abona that you skirted past previously. We ascended the knoll with stone boulder graffiti and trig point. From here you have a good view over to the abandoned, unfinished leper colony buildings outside nearby Abades. Carry on along the low ridge in the direction of the village until you reach the first building and obvious rough road towards the square. (3.5 km)



(11) Church square in Punta de Abona

(28.15190; -16.43090)

After approximately 500 m from the trig point arrive at the church square in the hamlet of Punta de Abona. (4 km)



(12) Walk around the plaza

(28.15221; -16.43029)

Check out and walk around the square as you like.



(13) Turn right towards Playa Grande

(28.15233; -16.43087)

At the far left corner of the square, turn away from this row of old houses and head in the direction of the sea-front and Playa Grande beach, descending to the beach again and re-tracing your outward journey back to Poris. (4.2 km)



(14) Time for a refreshment stop?

(28.16461; -16.43179)

After re-crossing the little sandy beach in Poris there is every chance you will wish to quench your thirst at the busy little Al Mar bar. Note, there are seating areas on the low walls outside the bar if all the seats inside are taken. (5.9 km)



(15) End of walk back at main plaza

(28.16436; -16.43327)

Find your way back to your starting point at the main plaza. (6.1 km)



Route Map



Links:

[Photos from walk](#)

[Download GPX file](#) (GPS Exchange Format)

[Download Route Guide PDF \(with illustrated Waypoints\)](#)

[Access Walk on Viewranger](#)