

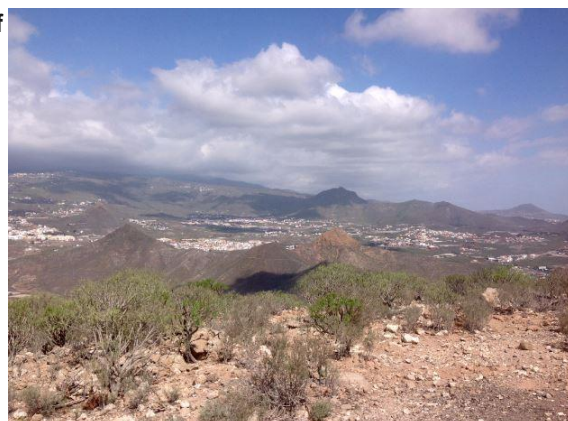
Tenerife Sur: Short Walks Under 10 km

The Heights of Montaña Guaza (Arona)

Route Summary

A stiff climb is required to reach the 400+ m high summit of Montaña Guaza. Certainly not a stroll in the park, but the rewards for those who stay the distance are spectacular views in all directions, especially towards the hills.

Duration: 3 hours (+/-)



Route Overview

Duration: 3 hours (+/-)

Transport/Parking: Easy parking on Calle Marea at the eastern end of Los Cristianos.

Length: 7.590 km / 4.74 mi

Height gain: 450 meter

Height loss: 450 meter

Max Height: 408 meter

Min Height: 11 meter

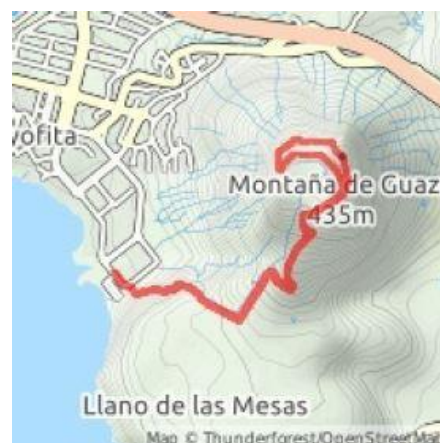
Surface: Rough in places

Child Friendly: Only if children are used to strenuous uphill walking.

Difficulty: Medium

Dog Friendly: Yes

Refreshments: We recommend a post-walk refreshment at Callao Beach Club.



Description

The summit of Montaña Guaza provides an exceptional platform for views to the hills and coast in all directions. Also, you will see the holiday city of Los Cristianos/ Las Americas/ Costa Adeje as never before! Prospective walkers on this route need to be reasonably fit and, of course, equipped with appropriate footwear and water. The calf and thigh muscles of ordinary mortals will certainly be tested on the ascent, and knee joints on the descent! It seemed to us that this walk is well-known to holiday-makers, but more people start the walk than eventually reach the summit. Of course, backing off is the right thing to do if you feel out of your comfort zone on the walk – it provides wonderful views of the Los Cristianos, its port, and further even in the initial 30 minute section. From higher up you begin to appreciate how important agriculture was to the whole mountain area, especially in the flatter terraces (“mesas”) below the peak itself.



Waypoints

(1) Start of walk - Calle Marea

(28.04331; -16.70871)

Start the walk from Calle Marea, facing in the direction of the El Rincon apartment complex. The path is obvious, passing posts indicating that you are entering a protected area. You are immediately faced with a short steep-ish climb, after which you should turn left and follow the obvious path. Eventually after more than 1.5 km following the clear path as it steadily progresses in a generally leftward direction and uphill you will join an ascending rough road only accessible for all-terrain type vehicles.



(2) On the rough road

(28.04271; -16.69581)

At this point, about 1.7 km from the start, you will have already joined the rough road a couple of hundred metres earlier. Here, the road changes direction to face east as you continue the relentless ascent. (1.7 km)



(3) Veer right for summit

(28.04891; -16.69071)

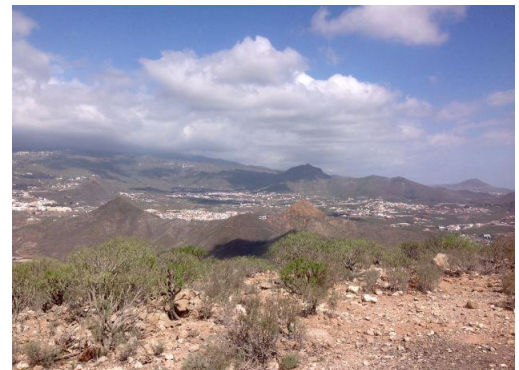
Eventually, after a further 1.2 km, with the summit masts clearly in sight above you, veer right at this junction and head for the top. (2.9 km)



(4) Views from summit

(28.05131; -16.69077)

In just 300 m you will have reached the summit area where marvellous all-round views can be enjoyed. From here carry on, taking the obvious path in a westerly direction to the masts and buildings on a slightly lower level, with a special view overlooking Los Cristianos. When you are ready, take the rough road that twists round, taking you back to the forked junction at Waypoint 3. From there, carry on down the rough road, re-tracing your steps on the ascent. (3.2 km)



(5) Take right turn off the road here

(28.04245; -16.69711)

At 2.9 km in your return from the top, be careful to leave the road as it starts to veer left, heading in an easterly direction, away from Los Cristianos. Take the path to the right you ascended on earlier. (6.1 km)



(6) Right off track here

(28.03995; -16.69890)

In another 300 m, or so, as the path you are on starts to head east again, break off right in the direction of Los Cristianos. (6.4 km)



(7) Another right and down

(28.04106; -16.70130)

In another 250 m, or so, head right here for the obvious path through the scrub that will take you around the side of the hill overlooking the eastern end of Los Cristianos. Carry on walking on this path as it leads you back to your starting point. (6.7 km)



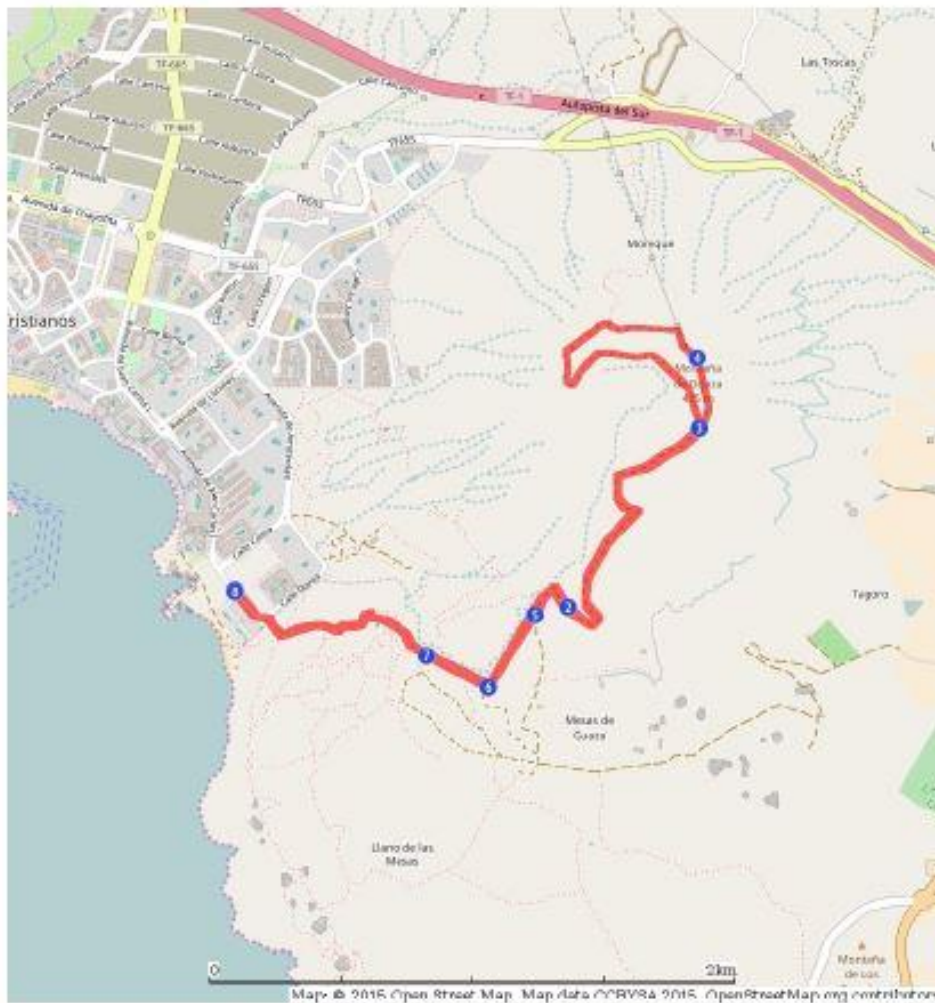
(8) End of walk - where you started

(28.04324; -16.70873)

At the end of the walk you may wish to obtain a well-earned refreshment at the nearby (150 m, or so) Callao Beach Club overlooking the small bay. (7.6 km)



Route Map



Links:

[Photos from walk](#)

[Download GPX file](#) (GPS Exchange Format)

[Download Route Guide PDF](#) (with illustrated Waypoints)

[Access Walk on Viewranger](#)

[Access Walk on Wikilocs](#)