

Tenerife Sur: Short Walks Under 10 km

Tejina de Isora-La Colateja Circular (Guia de Isora)

Route Summary

This is a relatively easy walk, at just under 4 km, and with less than 200 m overall ascent. It provides a tantalising introduction to the landscapes and views experienced whilst hiking in the Guia de Isora area on the west side of Tenerife.

Duration: 2 hours



Route Overview

Duration: 2.0 hours.

Transport/Parking: Titsa 416, 460 from Adeje. Easy parking close to start on Calle Zaragoza.

Length: 3.770 km / 2.36 mi

Height Gain: 187 meter

Height Loss: 187 meter

Max Height: 736 meter

Min Height: 586 meter

Surface: Rough. Some sections on tarred roads and their verges.

Child Friendly: Yes. But only if children are used to hikes of this distance on rough surfaces.

Difficulty: Easy

Dog Friendly: Yes.

Refreshments: There are cafe/bars on the main street in Tejina.



Description

This short walk is a gentle introduction to walking in the Guia de Isora area. Setting out under the ancient volcanic cone of Montaña Tejina, the route heads eastwards, crossing a couple of shallow barrancos – Cuéscara and Bicacaro, before reaching the rural hamlet of La Colateja on the TF-465 road to Vera de Erques. Here, at almost 750 m above sea level, there are great views of Montaña Tejina, with its little eye-catching white chapel on the summit, and over the northern section of the west coast to the Teno mountains. During the subsequent gentle descent by a different route there are good views along the southern west coast, from the distinctive Marazul apartment complex, with the twin towers of the Hard Rock Hotel particularly catching the eye.



Waypoints

(1) Start going right up Las Fuentes road

(28.18164; -16.75759)

The walk starts on Calle Zaragoza, on the eastern outskirts of Tejina de Isora, close to the entrance to the narrow road (currently being re-surfaced) that winds its way up to the isolated and unoccupied hamlet of Las Fuentes, behind Montaña Tejina. Initially, walk up the winding road past plots and vineyards.



(2) Right over pipe and along path

(28.18075; -16.75537)

In about 500 m, look out for a path on your right, accessible over a wide water pipe with a white arrow painted on it. The path goes in the opposite direction from the road, easterly. Follow this path into and out of a shallow barranco. (495 m)



(3) Straight across concrete road

(28.17846; -16.75179)

In another 500 m, or so, cross over a narrow concrete road and descend into the next barranco, then out of it by some houses (with hens in outhouses and pens). (990 m)



(4) Left and up after barranco

(28.17781; -16.75112)

In just over 200 m, ascend out of the barranco (past the hens!), turn sharp left and follow the lane uphill for a short distance. (1.2 km)



(5) Right towards main road

(28.17756; -16.75040)

In 80 m, turn right towards the main road then, with care, cross the road and follow it downhill, on the verge. (1.3 km)



(6) Right back into Colateja

(28.17665; -16.75098)

In 125 m, cross the road with care and go right, taking the access road back into Colateja to reach the point where you emerged from the barranco at Waypoint 4. (1.4 km)



(7) Left down lane

(28.17783; -16.75149)

In just over 100 m, go left down the lane, passing the path from the barranco (with hens) that you passed a little earlier. Follow this lane as it becomes a rough path and reaches the main road again. (1.5 km)



(8) Right and downhill at pine tree

(28.17707; -16.75290)

After 200 m, upon reaching the road go right, then right again by the pine tree walking downhill on a narrow path, perhaps a little overgrown in places. (1.7 km)



(9) Straight across main road and down

(28.17643; -16.75455)

In another 200 m, go straight across the main road and down the lane, past the Restaurante Irache Gara on your left. Keep walking downhill as the paved lane becomes a rough road and flattens out, eventually arriving at a "Deposito" (water storage building) after a turn to your left. (1.9 km)



(10) Right after water building

(28.17417; -16.75802)

In over 300 m, pass the Deposito water storage building and go sharp right at the corner of the fence, following an indistinct path gently downhill towards water pipes. (2.4 km)



(11) Over wall and pipes then left

(28.17430; -16.75853)

In just 55 m, cross over the low stone wall and pipes then go left down the rough road, past a plot and buildings, to the main road. (2.4 km)



(12) Right up main road

(28.17412; -16.75959)

In about 150 m, cross the main road with care, and proceed up the road on the verge, facing the oncoming traffic. (2.6 km)



(13) Left onto narrow access road

(28.17623; -16.75884)

After about 200 m, walking on the verge of the main road, go left onto the narrow access road a little before a house. (2.8 km)



(14) Veer right off narrow tarred road

(28.17649; -16.75939)

In about 100 m, by the house, veer right off the narrow tarred road onto a rough track. Carry on the track. Near to where the track passes an old house on your left, carry on downhill on the verge where the track meets the main road again. (2.9 km)



(15) Right and up steps

(28.18014; -16.75928)

In 600 m, after the main road bends down into a low barranco, cross the road with care and take the steps on the right up to an old path. Follow this stony path up towards the outskirts of Tejina. (3.5 km)



(16) Right onto Calle Zaragoza

(28.18126; -16.75906)

In about 160 m, the rough path meets Calle Zaragoza where you go right back towards your start point. (3.66 km)



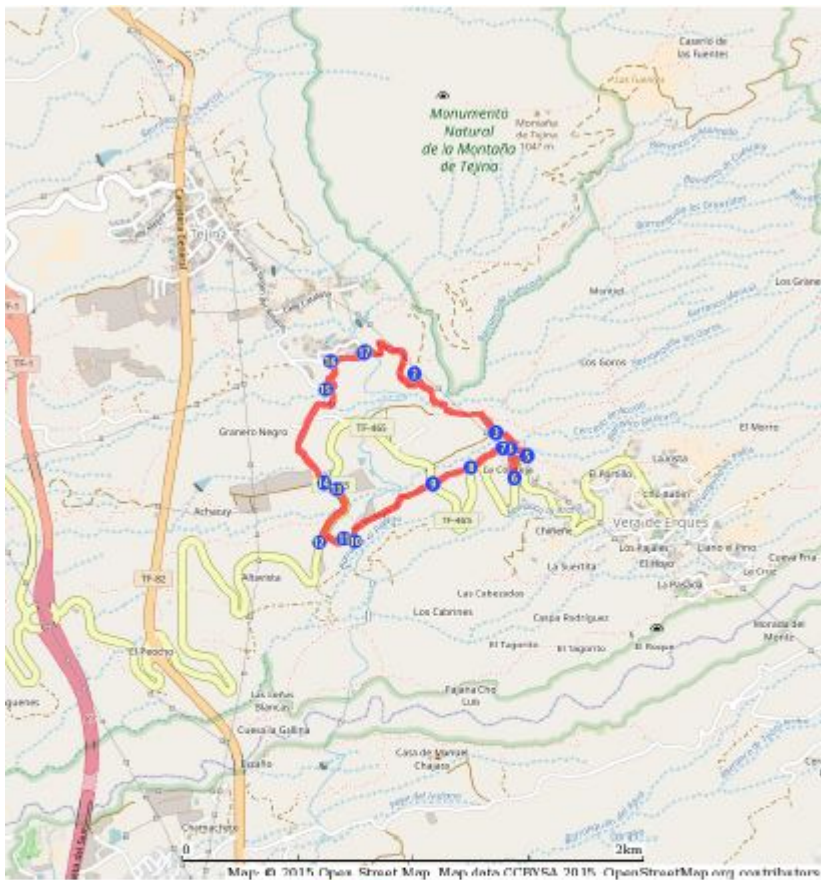
(17) End walk back at start point

(28.18159; -16.75764)

In just over 100 m you will have arrived back at your start point, near the entrance to the Las Fuentes road. (3.8 km)



Route Map



Links:

[Photos from walk](#)

[Download Route Guide](#) (PDF with illustrated Waypoints)

[Download GPX file](#) (GPS Exchange Format)

[Access Walk on Viewranger](#)

[Access Walk on Wikiloc](#)