

Tenerife Sur: Short Walks Under 10 km

Vilaflor-Pista Trevejos-Montana La Vica Circular (Vilaflor)

Route Summary

Explore the historic centre of Vilaflor, the highest settlement in Tenerife, and experience the unique terraced farmland and pine forest environment high above the south-eastern coast of the island. There are also great views up towards the peaks near the rim of the Teide crater.

Duration: 4 hours



Route Overview

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Transport/Parking: Titsa 342, direct from Los Cristianos. Other options via Granadilla. Large car park behind the church.

Length: 8.830 km / 5.52 mi

Height Gain: 434 meter

Height Loss: 434 meter

Max Height: 1602 meter

Min Height: 1328 meter

Surface: Mostly rough stony paths and rough roads.

Child Friendly: Yes, but only only if children are used to strenuous uphill hikes on rough surfaces..

Difficulty: Moderate.

Dog Friendly: Yes.

Refreshments: Nearest to the start/end, beneath the plaza, are Cafe Fuente de Hermano Pedro and Cafe de Siempre (drinks only).



Description

This is a moderately strenuous route offering the opportunity to explore the historic centre of Vilaflor, the terraced farmland on the outskirts, and the fine open pine forests that surround it. At around 1,400 metres above sea level, Vilaflor is the highest municipality in Spain and the highest village/town in Tenerife, providing a unique environment for the visitor. In May and June the majestic Tajinaste Rojo flowers are to be found growing all around the streets and gardens. It often sits above the "sea of clouds" that can surround the middle levels ("Medianías") of Tenerife and so enjoys lots of clear blue skies, making it popular with star-gazers. After dropping down through the village, we take an old rural road, the Pista de Trevejos, into the pine forest, before climbing gradually up the open, pine-clad slopes of Montaña de la Vica where there are superb views all around, and especially up to the forested peaks of Montaña de las Lajas and El Sombrero, and to Roque del Almendro at the the rim of the Teide Caldera. The final section, descending from the pine forest provides great views of Vilafor and its historic centre.



Waypoints

(1) Start walk at church in Vilaflor

(28.15965; -16.63715)

With your back to the main church doors, walk downhill on the narrow street, with the plaza on your left side. Pass the cafe Fuente Hermano Pedro on your left and the Cafe Siempre on your right.



(2) Turn right onto Calle Dolores

(28.15864; -16.63654)

In 130 m, turn right onto Calle Dolores and follow it as it twists left and downhill, becoming Avenida Hermano Pedro. (130 m)



(3) Carry on down Calle Hermano Pedro

(28.15579; -16.63756)

In 400 m, or so, ignore Calle el Calvario veering off to your left and continue down Calle Hermano Pedro past the yellow post box and modern sculpture. The road narrows a little at this point. (513 m)



(4) Veer left down Camino del Coto

(28.15373; -16.63864)

In another 250 m, veer left off the main street to take a narrow road, Camino del Coto, downhill. Soon you will cross the TF-21 road, carrying on down towards the main TF-51 road to Vilaflor from Arona. (767 m)



(5) Left along pavement at TF-51 main road

(28.15132; -16.64074)

In 330 m, on meeting the TF-51 main road, turn left along the pavement for about 60 m. (1.1 km)



(6) Cross road and take rough road uphill

(28.15082; -16.64093)

In 60 m from arriving at the TF-51 main road, cross the road with care and take rough road uphill between dry stone walls. This rough road is the Pista de Trevejos-Vilaflor which you will now follow for 3.4 km ignoring any turn-offs to right or left. (1.2 km)



(7) Right up GR 131 path

(28.15493; -16.66312)

In 3.4 km from crossing the main TF-51 road, after passing some terraces and water pipes, leave the Pista de Trevejos-Vilaflor to take the path uphill into the forest. You will see from a low signed post that you are now joining a section of the GR 131 path that crosses Tenerife from Arona in the south to La Esperanza/El Rosario in the north. Carry on uphill as you start to ascend the wooded slope of Montaña de la Vica. (4.6 km)



(8) Carry on in direction Vilaflor

(28.16227; -16.64892)

After 2.5 km of gradual ascent the path starts to descend and at this point you pass a GR 131 route sign. Carry on downhill in the direction marked Vilaflor, soon passing Salguero "deposito" (water reservoir) building on your left. (7.1 km)



(9) Carry on downhill to Vilaflor

(28.15998; -16.64805)

In 200 m, after descending past the Salguero Deposito, ignore the rough road branching off to your right. Carry on downhill to the outskirts of Vilaflor. (7.3 km)



(10) Pass Hotel VillAlba

(28.16050; -16.64237)

In another 600 m, having passed through an area of rural terraces and passing the football ground you will arrive at the Hotel VillAlba on your right and the old Albergue de Vilaflor buildings on your left. (7.9 km)



(11) Veer left and downhill

(28.16000; -16.64172)

In 85 m, veer left and follow the road downhill to the main TF-21 road, passing the old church and plaza where there are fine views of Vilaflor and the surrounding countryside. (8.0 km)



(12) Cross main road and go right and down

(28.16020; -16.63858)

In 600 m, taking GREAT care, cross the busy TF-21 main road and go right and down, following the road as it twists right then left up to your starting point at the church in Vilaflor. (8.6 km)



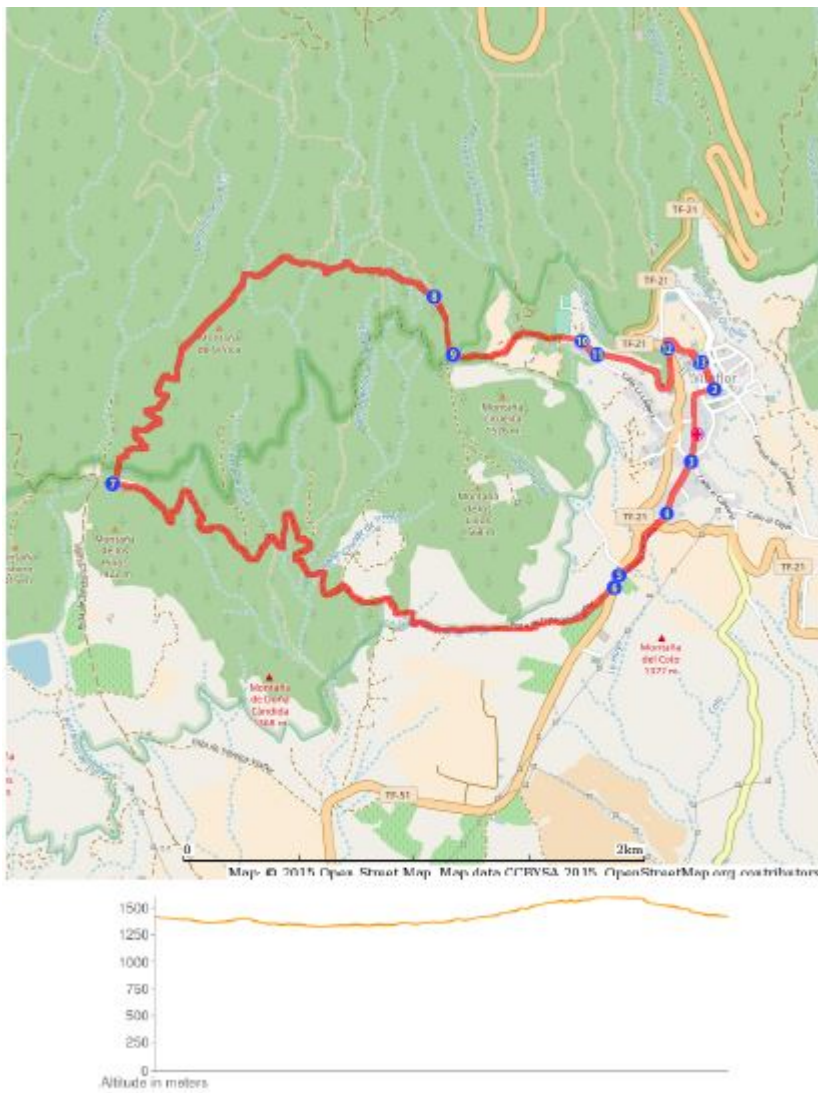
(13) Finish walk back at church

(28.15968; -16.63707)

In 200 m from the main road you are back to your start point at the church. (8.8 km)



Route Map



Links:

[Photos from walk](#)

[Download Route Guide](#) (PDF with illustrated Waypoints)

[Download GPX file](#) (GPS Exchange Format)

[Access Walk on Viewranger](#)

[Access Walk on Wikiloc](#)